

AOA Supermarket Price Comparison “basket” 2010

AllOverAlbany.com

spinach - 6 oz baby spinach in a bag

apples - 1 lb macintosh

bananas - 1 lb

deli turkey - 1 lb of the cheapest posted

deli cheese - 1 lb American of the cheapest posted

shampoo - Pert Plus 750 mL

tampons - Tampax multi-pack 40 count

chicken - boneless, skinless chicken breast

ground beef - 1 lb 93% lean

dog food - Pedigree adult 20 lb bag

toilet paper - Scott 1000 4-pack

dishwasher soap - Cascade 75 oz

laundry detergent - Tide 100 fl oz (concentrated)

dryer sheets - Bounce 120 count

soda - Coke 2 liter

potato chips - Lays 11 oz bag

cookies - Oreos 18 oz bag

soup - Campbell's chicken noodle 10.75 oz can

mayo - Hellman's 30 oz

pasta - Barilla 1 lb box of spaghetti

pasta sauce - Prego 24 oz jar

sandwich bags - store brand 50 count

garbage bags - Glad tall drawstring kitchen 45 count

frozen dinner - Healthy Choice "simple selection"

frozen vegetables - store brand mixed vegetables 1 lb bag

ice cream - Haagen Dazs 1 pint

cereal - Cheerios 18 oz box

sandwich bread - store brand whole wheat loaf

peanut butter - Jif 18 oz jar

jam - Smuckers strawberry 12 oz jar

coffee - Folgers 34.5 oz container

milk - store brand skim 1 gallon

eggs - a dozen large store brand

butter - store brand 1 lb box

yogurt - Yoplait light 1 container

beer - Sam Adams bottles 12 pack

orange juice - Tropicana 64 oz

cheese - Cabot sharp cheddar 8 oz block

crackers - Triscuits 9.5 oz box

toothpaste - Crest regular 6.4 oz tube